Email: news@arubatoday.com

Website:www.arubatoday.com

Wednesday, November 25, 2009

# Aruba receives 35 thousand vaccines against swine flu



Minister of Education and Justice Mr. Arthur Dowers ORANJESTAD received 35 thousand vaccines against H1N1 flu, but the most vulnerable for who this preventive medicine is destined, still have to wait a few more weeks before they get vaccinated.

According the Minister of Health Dr. Richard Visser,



the vaccines were donated by Holland and are stored in an appropriate way. The reason why it can't be distributed process to do this is too and in the meantime the delicate, according to Visser. Visser says that this week they with the White Yellow Cross

immediately is because the will meet with care providers Health Department together



Minister of Health Dr. Richard Visser

are preparing an intensive informative campaign that is suppose to start on November 30th.

Pictured is Minister of Health Dr. Richard Visser accompanied by his colleague, , Minister of Education and Justice Mr. Arthur Dowers.

### lage Food & Wine Festival celebrates Thanksgiv



PALM BEACH - Tomorrow night, The Village Food & Wine Festival will celebrate Thanksgiving with lots of wonder pleasures of the Caribbean in 16 different booths. There will be live music from Groupo di Betico and DJ Edson will be on before and after. The Village Food and Wine Festival is a popular evernt organized every last Thursday of the month. Each month will have a different theme to it. The Village is excited to host their 1st

"Thanksgiving Celebration". The entrance is for free and like every month everybody is invited to come and celebrate at The Village Food and Wine Festival.







### Santa Margherita shows off its many great facets during a superb dinner at the Sunset Grill



ORANJESTAD - Export manager of Santa Margherita wines Bruno Zaratin was in top form during the excellent Romar Trading dinner that was held in the lovely Sunset Grill restaurant of the Radisson Resort. We had met

the gentleman before and we knew that he is truly passionate about 'his' winery and wines. Last Monday evening was no exception. Mr. Zaratin was most informative, had great stories to tell and imparted his knowledge freely. He



was introduced to a group of invited guests, among them restaurateurs and F&B managers, by Romar's wine expert Clive Faustin.

Dinner started with a lovely Amuse bouche of tartare of avocado, salmon and tuna. A Prosecco Santa Margherita was poured and greatly enjoyed.

This sparkling white wine is





fresh and lovely; a super hit in Europe, but not yet very popular in the USA, strangely enough. "That will come," predicted Mr. Zaratin, and he proceeded to tell a story about movies which showed certain brand names, that instantly became in demand. "Think of James Bond and his Martini," he said.

Grigio is Pinot Santa Margherita's success story; it was the first winery to embrace this wine and that was 40 years ago. At first the color of the Pinot Grigio was copper, and it was not popular outside the region (Northern Italy). But when the process of clearing up the color through chilling the grapes, crushing them and removing the skins was perfected and the color was clear white, the wine became a best seller world wide.

A Pinot Grigio accompanied Maine lobster claw in a creamy seafood sauce wrapped in a puff pastry triangle.

Santa Margherita has wineries

in North Italy, in Tuscany and in Sicily. The company's latest acquisition is called Ca del Bosco, a 150 hectare, rocky, elevated area east of Milan.

The Chianti Classico is one of the winery's showpieces; its balanced perfection enhanced the warm bruschetta of Foccacia bread with Prosciutto, Portobello mushrooms and Gorgonzola. A match made in heaven.

The main course was rack of New Zealand lamb, prepared Italian style, which means coated with mustard and Italian herbs, a Versato Merlot of stature having the honor to be poured to this dish. When dessert came along, a piece of art called Canoli, the Prosecco returned to sparkle and delight.

The Romar/Santa Margherita dinner at the Sunset Grill was fabulous; compliments to the chef and staff as well as to Mr. Bruno Zaratin, who sparkled at least as much as the Prosecco. Prosit!□



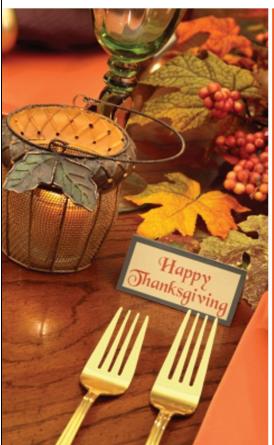


### THANKSGIVING AT THE COUNTRY CLUB

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Dinner served on Thursday, Nov. 26th \*Regular dinner menu will also be served. For reservations call 586-7800

Crispy Greens - Citrus Vinaigrette Crispy mixed salad served with honey pecan nuts, mozzarella cheese, and dressed with citrus vinaigrette US\$ 10.00

Pumpkin Crab Soup

Frothy pumpkin soup served with lump crab, brown ugar Cognac cream, fresh herbs and toasted almonds US\$ 9.00

Roulade of Turkey Breast
Roll of turkey breast filled with roasted garlic sliced Prosciutto ham served with marinated cranberries, sweet potato puree, apricot sage sauce

Little Puffs - Chocolate Mousse Little puffs filled with white and brown chocolate mousse, Lemon grass vanilla sauce, red fruits coulis

US\$ 7.50 Raspberry Mango Cheese Cake us\$ 8.00

Menn US\$ 85.00

+15% service charge per person





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# Top entertainment at Mr Jazz



PALM BEACH -- Mr Jazz has a fantastic entertainment schedule planned for this week, combining music, singing and dance, in a sophisticated, fun, supper-club ambiance.

On Wednesday November 25th the stage will belong to famous Aruban singer Sharon Rose.

Her warm and seductive voice will resonate on Romance Nights for three consecutive weeks, November 25th, December 2nd and 9th. Diners may enjoy the club's

delightful Cuban-Aruban cuisine, from 6:30 to 11 p.m., while watching Rose entertain.

Her three-set show, from 8 to 11 p.m. will include many local favorites and Mr Jazz combines the music with a complimentary champagne toast for couples and a beautiful rose, for the ladies. Wednesdays at Mr Jazz present a great opportunity to celebrate an anniversary, or a honeymoon or simply love.

Thursday Night is dedicated to Jazz lovers and Thanksgiving! The Delbert Bernabela quartet will join up with famed Aruban jazz vocalist Placido Heeze and delight classic jazz lovers with smooth and fusion jazz.

Master Chef Darwin Toress has prepared an exquisite Cranberry Glazed Turkey Breast paired with abundant sides such as marshmallow-topped sweet potato casserole, corn on the cob and seasonal vegetables followed by a delicious Apple Pie.

And to make dinner complete, ½ bottle of Kendall

Jackson wine will escort the Thanksgiving feast. Friends and family members are invited for a most memorable Thanksgiving get-together at Mr Jazz.

The line up at the club is equally entertaining, on the weekend. On Friday you may enjoy dinner while watching the colorful "Fuego Latino"

dance show at 8 p.m., followed by one of the best tropical bands on Aruba: TSUNAMI, with sizzling dance music from 11 p.m. to 3 a.m.

On Saturday, Mr Jazz will present its own Mr Jazz Salsa Orchestra with singer Paola Alves. Dancing feet are welcome while Paola spins one Latin hit after the next.







Wednesday, November 25, 2009 LOCAL



# Thunder m lightmin

THE AUDIO VISUAL PROVIDER

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haidybareno@hotmail.com / barenoharry@hotmail.com



# **Enjoy Thanksgiving without the hassles of cooking dinner**



where everyone enjoys him- or herself. Often that is not the case: the poor cook in the kitchen is frazzled, nerves frayed and temper short after hours of slaving away at the stove. Giving thanks for all the good things in life should be top of the list at Thanksgiving, and that is why Taste of Belgium's Bistro is offering a traditional Thanksgiving dinner with all the trimmings for those who wish to celebrate the occasion.

PALM BEACH - Thanksgiving should be a family party

Dinner at the Bistro in at the Paseo Herencia Mall at the high rise hotel strip starts off with either a creamy pumpkingarlic soup or a corn chowder with fresh shrimp. Then there is a choice between oven-roasted, stuffed turkey breast, sweet potatoes, cranberry and sautéed vegetables or a traditional, cooked Christmas ham with mashed potatoes and sweet pears, poached in red wine. Dessert is either homemade pecan pie or walnut cake, both served with vanilla ice cream and whipped cream.

Guests can either purchase the three-course menu or order items separately. With the complete menu a courtesy glass of champagne is served.







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French Teams Dominate Third Day Dart 18 Worlds 2009

# **Dutch top three at Aruba Heineken Catamaran Regatta**

PALM BEACH - The French sailors dominated the third day of the Dart 18 Worlds 2009 in Aruba. Title defender Emmanuel Dodé and Fred Moreau took both bullets and are leading by five points now. Former World Champions Thierry and Christine Wibaux climbed to the third position overall. David Lloyd and Joanna Jones-Pierce (GBR) hang on to their second place. However, the difference between the numbers two till four is only one point. The Pols brothers had a bit more competition in the Aruba Heineken Catamaran Regatta, but won still both races. Today's offshore breeze was more gentle with about 20-25 knots.

The leading Frenchmen did not have a good start in the first race this morning. "We had too much speed and had to bear away before the gun", explained Dodé. Their German, Dutch and British competitors crossed the line at the committee boat and took an early lead. Dodé: "I think we were fifteenth after 200 meters, but our strategy worked out well. We went to the right as soon as possible, but not all the way to the layline. We under-tacked it, because we preferred to play the many shifts -mainly to the left- at the top mark close to the shore."

The Britons Lloyd/Jones-Pierce lead at the first buoy. Lloyd: "Emmanuel got us on the second beat. He seemed to have more wind round the mark and he was gone." Dodé comments: "We often made a gibe-set, because there is less breeze at the right side of the downwind course with all the hotels along the beach." The British couple finished second, followed by Thierry and Christine Wibaux.

Second Race - French party

Although Dodé/Moreau had a better second start, they did not win the first beat. Moreau: "We were covered by Thierry, who was pointing less high, so we decided to dip and pass him in leeward." Meanwhile the Dutchmen Ruud Goudriaan and Bart Damen were smoking. They won the tacking battle close to the top mark and were first round. Damen with a smile: "That was our goal, so that felt great. Unfortunately, we are slow downwind. The more experienced teams do a much better job." Especially Thierry and Christine Wibaux - the 2004 Dart 18 World Champions - were on fire downwind. Thierry Wibaux: "We were indeed very fast, but it also

paid to go far to the right on the beat. We were a way out of the lay-line, which took us straight to the mark." Dodé/Moreau lead in the gate, followed by the Wibaux couple. Both French teams didn't give up their positions anymore. The Germans Matthias Huber and Dominik Volke were third over the line.

Yesterday's racing at the Aruba Heineken Catamaran Regatta was more competitive. The action was full on with some dramatic capsizes. Ten out of fifteen teams managed to handle the tough conditions. Xander and Marc Pols took both bullets, but they had to fight for it. Especially in the first race, they felt the pressure of John Moret and Paul Smissaert. But the unfortunate Dutch sailors went upside down again, which allowed the Tornado duo Leo Ambtman and Maarten Kroon to pass them. Moret with a bruised hand: "We are the capsize kings of the week, but we are done with that now. Tomorrow, we will get Xander."

Dart 18 Worlds 2009 - Top five after three races FRA - Emmanuel Dodé & Fred Moreau, 3 points

GBR - David Lloyd & Joanna Jones-Pierce, 9 points

FRA - Thierry & Christine Wibaux, 10 points

GER - Matthias Huber & Dominik Volke, 10 points

NED - Ruud Goudriaan & Bart Damen, 14 points

Top three Aruba Heineken Catamaran Regatta after three races:

NED - F18 - Xander & Mark Pols, 3 points

NED - F18 - John Moret & Paul Smissaert, 6 points

NED - Tornado - Leo Ambtman & Maarten Kroon, 22 points

For Wednesday, there are three races scheduled for both fleets.

In addition to the title sponsors Aruba Tourism Authority and Heineken Aruba NV, this year's Aruba Heineken Catamaran Regatta and Dart18 World Championships are also supported by Martinair, GILS Worldwide, Setar, Holiday Inn, Does & Cadushi, Tropical Bottling Company, Coca Cola, AWA, Aruba Aloë, VR Shipping, Aruba Watersports Center, Palm Tours, Pelican Watersports, Seaworld Explorer, Moomba, Zwitserleven, TNG, Patria and AMI Kappers.





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With Aruba as part of the CBMP partnership

# Caribbean Broadcast strengthens ties with St. Maarten Cable TV

PHILIPSBURG--In an effort to strengthen its partnership with St. Maarten Cable TV, the Caribbean Broadcast Media Partnership (CBMP) held a workshop on HIV/AIDS with Cable TV staff on Monday.

CBMP Executive Director Allyson Leacock said the organisation is connecting with broadcasters to find out the success of its programmes and to develop strategies to strengthen its partnership for

the effectiveness of the regional "LIVE UP" HIV/AIDS Public Service Ads (PSA).

CBMP developed the LIVE UP campaign with support from a regional advisory committee of media and HIV/AIDS experts. It is the first media-led campaign on HIV/AIDS to reach across the entire Caribbean and includes specially-produced television and radio public service ads (PSAs), rights-free, long-form programming, and

informational materials for Leacock said St. Maarten Cable CBMP broadcasters to use in their outreach efforts.

Leacock told reporters on Monday that the new LIVE UP PSA on HIV/AIDS will be launched by CBMP broadcast partners around the region on World AIDS Day, December 1. She said CBMP aims to complement and not compete with initiatives being held in the region.

St. Maarten Cable TV, one of CBMP's founding partners, was lauded for being one of the "outstanding broadcasters."

TV has not only been part of CBMP, but has also initiated its own programmes and initiatives, such as its own "LIVE UP Fridays" and production of a jingle with a local entertainer, which she said are consistent with the efforts of CBMP.

Cable TV Managing Director Beulah Jonis said Cable TV had partnered with CBMP in line with its corporate mandate and had been awarded one of the best stations carrying most of their programmes and PSAs in 2006. She said Cable

TV is looking to continue developing its partnership with the organisation.

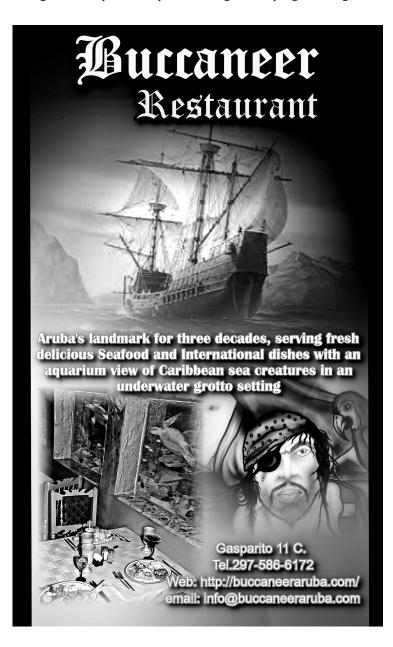
Maarten's HIV/AIDS Programme Manager Suzette Moses-Burton said the national programme has been involved with CBMP from its inception and has also been instrumental in helping CBMP to identify local broadcast media to participate in the partnership.

She said the Programme Management Team would like to see other broadcast media radio stations more actively involved in the partnership.

The LIVE UP campaign links people together with one message of hope and possibility and inspires everyone to consider what is within their power to stem the spread of HIV/AIDS.

It encourages people to be informed about HIV/AIDS, get tested and to protect themselves and others by using a condom each and every time they have sex, and limit the number of sexual partners. It also encourages people to speak up, talk to their partners, friends and family about HIV/ AIDS, to take action, and to respect and not to discriminate or stigmatize.

Also part of the CBMP are Anguilla, partnership Antigua and Barbuda, Aruba, Bahamas, Barbados, Belize, Bermuda, Cayman Islands, Cuba, Dominica, Dominican Republic, French Guiana, Grenada, Guadeloupe, Guyana, Haiti, Jamaica, Martinique, Montserrat, Netherlands Antilles, Puerto Rico, St. Kitts, St. Lucia, St. Vincent and the Grenadines, Suriname, Trinidad & Tobago, Turks & Caicos, Virgin Islands (UK) and the Virgin Islands (US).







# The Annual Pwc Bowling Tournament results in great fun













PALM BEACH -- The annual PriceWaterhouseCoopers tournament at the Eagle Bowling Palace, pitched four ferocious players on each of the tournament's six competitive teams. The Friday night event designed to bring colleagues together after-hours, in a casual relaxed atmosphere, provided a mix of sports and stand-up comedy as every stroke, swing and delivery, provoked rounds of cheers and sometimes jeers, as balls rolled straight into the gutter.

To top off the night, T.G.I. Friday's at Paseo Herencia arranged for a buffet of favorites including famous signature burgers and Jack Daniels ribs, over cocktails and smoothies.

Best Female Bowler 2009: Feifei & Veronique with an impressive 108 score.

Best Male Bowler 2009, Anthony with the top 129 score.

Pictured here management and staff of PriceWaterhouseCoopers during the annual Bowling Night, insiders report many were determined to win, but abandoned all aspirations to join the PBA, the professional bowlers association, at the end of the night. PINHEADS, Brian, Edmar, Veronique,





Mary; LIVING ON A SPARE, Aldrin, Jelle, Sherry, Paula; GUTT OR DONE, Edsel, Ivan, Ronald, Greg; WHO GIVES A SPLIT, Anthony, Gill, Inoira, Leidy, Sergio; LUCKY STRIKE, Feifei, Alejandra, Vivian A; SCARED SPLITLESS, Zuwena, Ana, Ruben & Shelby.







4ruba\_TODAY



# LOCAL A9 Wednesday, November 25, 2009

# Divi Sport Week brings Divi Family Members Together







for the same company does designed to bring members

Tanki Leendert - Working of Divi Resorts which was not necessarily imply that of the Divi Family together employees see each other in an inter-company fun and often, thus the Sport Week relaxing atmosphere. Sport







week November 14th to 19th bowling, soccer, volleyball, featured a variety of activities and brain-gymnastics. including board games, General manager





proud of the Divi Aruba volleyball!

Resort, in Green, Divi Phoenix Beach Resort soccer Village and in Orange Divi brain-gymnastic Phoenix, having a great time, triumph and second place in entertained by the sport and by a brass band.

n - Fri 8:30 AM - 4:00 PM Sat 9:00 AM - 1:00 PM Entrance fee: FREE





# Restaurant







Located in the charming tropical enverions of the Perle d'Or resort, the Pam Pam restaurant offers a peek at Aruba's cunucu (countryside) while still being conveniently located close to all of Aruba's prime resorts. Firts-time patrons will be pleasantly surprised by an appealing a la carte menu that is quite affordably priced.

Pam Pam has the biggest menu with a choice from 26 main-couses, all priced between \$ 13 / \$ 23

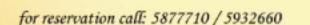
Pam Pam 's house specialty is a unique method of preperation, wich presently at Aruba is found only at their

establishment and which they have dubbed their "gourmet meal. Priced \$ 20 and \$ 27

A grill and a collection of fresh ingredients for the various dishes ordered are assembled tableside, and patrons prepare the food themselves, controlling their preference of seasonings and garnishes, along with degree of doneness, providin a unique and personal taste treat.

It is suggested that reservation for this singular dining experience be made before 3 p.m

Or ask for our special priced 4 course menu, now only \$ 23





At Occidental Grand

# Diane & Mark Bonner tie the knot





OCCIDENTAL – Recently Mark Bonner of Mt. Ephraim, NJ and Diane Hunnewell. of Audubon, NJ vowed their love and were united in matrimony.

The lovebirds have known each other since high school but didn't start dating until December 12th, 2004; unfortunately it took a tragedy to bring them together. Mark's best friend was killed in a car accident and during a benefit that was set up for his friend

Bob after he passed away. Diane's girlfriend suggested that she ask him out, so she did. They spent that day together which lasted 13 hours!!! Six months later they moved in together and the rest was history!

On November 21st, 2008 Mark unexpectedly took off work that evening and took Diane to their favorite restaurant 'Los Amigos. After dinner they went home to build a nice fire and watch a movie. Mark



had asked Diane to get a fire starter.

As she looked in the box she did not see anything and along she went on her merry way to get some wine. Mark's surprised ring in the box did not quite turn out the way he wanted so he grabbed the ring and as Diane turned with wine glasses in hand she was surprised to see Mark down on one knee with the ring box and roses and asked her to marry him!!

Diane & Mark chose Aruba because it was out of the Hurricane belt and they knew a few people who have visited and raved about the island.

The wedding took place at Occidental Grand Resort alongside the Caribbean ocean.

Wedding coordinator, Kimberly Dammerman orchestrated the enchanted evening to the last detail





of perfection. Family and friends gathered together to witness the union of marriage. Following the ceremony Bella Aruba Photography took the newlyweds for a 'Once in a Lifetime photo shoot.'

The newlyweds were announced as Mr. & Mrs. Bonner as they walked in and

danced their first song together under the stars.

Mark & Diane are now happily ever after living in their home in Stratford, NJ.

Congratulations from Occidental Grand and Aruba Today!!!

Photos by Angela Munzenhofer







HEALTH A11
Wednesday, November 25, 2009

# **Holiday Feast**

Traditionally, a festive feast or dinner is a focal element of the holiday season where we sit down with family and friends for the "breaking of the bread". The expression "breaking of bread", some believe, must be qualified. "Breaking of bread" signified the dividing of the bread cakes or loaves which were used by Orientals. Sometimes "breaking of bread" is used concerning partaking of a common meal (Mk. 6: 41; Acts 27: 35) and "Breaking of bread: is also used in connection with the religious memorial called the Lord's Supper. We are talking about Christmas dinner and before we can sit down to enjoy our meal, we need to plan our menu.

For several years already we have said goodbye to the traditional holiday smoked ham. Ham, as all pork products is detrimental to people in all blood groups. Pork aggravates blood to become sticky; slows down proper digestion and obstructs absorption of nutrition. Instead we have a turkey that I slowly roast on the barbeque. No deep frying here! Turkey has become my family dinner's center piece because it is a healthy alternative to more traditional foods that are classed as being detrimental according to your blood type. I carve a mean plate of turkey in front of our guests. You might not know this but the nutrition facts of turkey per serving is: 232 calories, 11 grams of fat, but only 3 grams saturated fat, 108 mg cholesterol, 77 mg sodium, 0 g carbohydrate, 0 g fiber, 32 grams protein, and 15% iron. There is nothing wrong nutritionally here. Additionally, hiding in the 32 grams of protein is tryptophan an essential amino acid. Tryptophan is needed for the production of Niacin (vitamin B 3) and is the precursor of our brain chemical serotonin. Serotonin is the

calming, sedating substance essential for normal mood and sleep patterns. Now you know why you are so inclined to take a nap after a turkey dinner.

The traditional potato smothered in cheese is out. Both the potato and cheese will slow down the metabolism of most of us. Instead, for carbohydrates use sweet potatoes, pumpkin, and brown rice. This year, after baking the potatoes in the grill next to the turkey, we are going to mash the sweet potatoes with a touch of ginger. Ginger contains components that positively influence known disease susceptibility, a good thing. I think the ginger balances nicely the taste of the sweet potatoes. Slow, baking brings out the sweetness in the potatoes, but the glycemic load is very low! This means it won't spike your insulin. The nutrition facts per serving of sweet potatoes includes: 240 calories, 6 g total fat, 4 g saturated fat, 15 mg cholesterol, 73 mg sodium, 46 g carbohydrate, 5 g fiber, 2 g protein, 294% vitamin A, 54% vitamin C. Did you see the amount if vitamin A? Wow, I am surprised that sweet potatoes do not need to be registered as an eye medicine.

We could not think about any holiday dinner without serving pumpkin. Here we go again helping our eyes. The nutrition facts for pumpkin per serving is: 286 calories, 13 grams total fat, 4 g saturated fat, 86 mg cholesterol, 120 mg sodium, 38 g carbohydrate, 2 grams of fiber, 7 grams protein, 130% vitamin A, 9% vitamin C, 7% calcium, 13% iron. Did you notice the blood building qualities of pumpkin? Only people with blood group B cannot enjoy this delicious and nutritious vegetable. In Aruba, pumpkin soup is a specialty. If I am lucky Amy might bake me a pumpkin pie, yum! Or maybe we will make pumpkin with

As in every meal at our house brown rice is the staple carbohydrate. For this meaningful occasion we will add some zest (and even more nutrition) to our brown rice with wild rice and quinoa. Brown rice can be enjoyed by all blood groups. White "polished" rice is nutritionally lifeless since the bran, which contains all of the nutrition, has been stolen to sell to pharmaceutical companies to make B complex vitamins. This should give us a strong indication the benefit derived from eating brown rice. The wild rice, especially if harvested from wild ponds, contains trace minerals missing in our other grains. Super-grain, Peruvian quinoa has one of the highest amounts of absorbable calcium available. Support for our bones that cooks in just 15 minutes!

And what would turkey dinner be without cranberry sauce? This year, "can the can" full of dangerously unhealthy, high fructose corn syrup. Homemade cranberry sauce takes only 15 minutes on the stove, make with low processed cane sugar or natural grape sugar. Try arrowroot instead of corn starch for thickener in the smooth variety or make chunky. Cranberries are a traditional remedy for bladder infection. Cranberries contain a naturally occurring simple sugar, closely related to glucose called D- mannose. D-Mannose is metabolized by our bodies and excreted into the urine. This simple sugar helps maintain a healthy urinary tract by its

interaction with the bacterium found in over 90% of all bladder infections, Escherichia coli ("E. coli"). This strain of E.coli is found as part of the "normal microflora" in every intestinal tract. But even normal E.coli does not belong in the bladder and urinary tract. In these areas they multiply and become an infection. D-Mannose "sticks" to E.coli. When we take a large quantity of D-Mannose by eating cranberries, almost all of it spills into the urine through our kidneys, literally "coating" any E.coli present so they can no longer "stick" to the inside walls of the bladder and urinary tract. The E.coli is literally rinsed away with normal urination! Imagine, all from eating cranberries. Include your favorite fresh green vegetables prepared with olive oil and fresh herbs, and you've got yourself a healthy, holiday feast.

Choosing your Holiday Menu? Get the Point! Selecting healthy foods from your "beneficial" list (available at our Clinic) is a delicious and healthy alternative to some traditional holiday foods. As for our "Breaking of bread" dinner being a "common meal" or a "religious memorial", I do not make a distinction. Come to clinic so we can teach you how to make eating healthy an everyday event. Meanwhile, with my glass of red wine, loaded with antioxidants, I will toast and give thanks for the presence of healthy family members and friends and remember those of you who cannot make it this

CARLOS VIANA, Ph. D. is an Oriental Medical Doctor (O.M.D.)having studied in China; a US Board Cert. Clinical Nutritionist (C.C.N.), Addiction Professional (C.Ad.), Chairperson of the Latin American Committee of



the International Academy of Oral Medicine and Toxicology (IAOMT), a Rejuvenating Cell Therapist specializing in Age Management, has a weekly radio program, writes and lectures extensively. For information: VIANA HEALING CENTER, Kibaima 7, St Cruz TEL: 585-1270 Web Site: www.vianaheal.

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GREAT WAYS

### Aruba TODAY

# A ready to sweep 3 seats in elections

PHILIPSBURG--National candidates to Main Voting Alliance (NA) with its "blend of seasoned candidates and new faces" will return to Netherlands Antilles Parliament with two seats or possibly all three if the other parties in the race "are not careful," party leader Commissioner William Marlin told the press Monday.

NA number five Henrietta flanked by Doran-York, Marlin and other candidates submitted, the slate of 11

Bureau head Lt. Governor Franklyn Richards Monday, Nomination Day. She told Richards she was proud to submit the "winning list" and this was greeted by much cheering from party supporters gathered in Dr. A.C. Wathey Legislative Hall.

Marlinheadsthelistwithparty deputy leader Commissioner Frans Richardson as number two. Marlin and Richardson served the party

parliamentarians from March 2006 until June 2008 when they resigned to take up posts as commissioners in the local NA/Heyliger coalition.

Marlin received 1,331 in the 2006 parliamentary elections and was the second highest vote-getter in those elections. DP leader Sarah Wescot-Williams was the highest voter-getter while People's Progressive Alliance (PPA) leader Gracita Arrindell was fourth with 1,008. Richardson was the third highest votergetter with 1,194 votes. DPandPPAarealsocontesting the 2010 elections.

Island Councilman parliamentarian George Pantophlet is NA's number three. He was the number five candidate in the last parliamentary elections and collected 532 votes.

Island Councilman and parliamentarian Rodolphe Samuel is candidate number four. He had received 384 votes in 2006 when he also ran in the number four spot. The NA parliamentarians' policy advisor Henrietta Doran-York is in the number five spot. Doran-York was not in the 2006 elections. but was a candidate for NA in the 2007 Island Council elections.

State Secretary of Health Patrick Illidge is number six on the slate. He ran in the 2006 elections, but as the number four candidate on the PPA list. Illidge collected 166 votes in that election.

Number seven Constitutional Affairs Minister Roland Duncan. The minister, an attorney profession, was not a candidate in the 2006 elections.

Teacher Sylveria Jacobs (number eight) businessman Rudy Engel (number nine) are newcomers to the NA list.

NA advisor Terry Peterson is number 10 on the white list. Peterson was a candidate in the 2007 Island Council elections, but not in the 2006 parliamentary elections.

Rounding off the list is Commissioner Hyacinth Richardson. He ran in the number three spot and garnered 519 votes in the 2006 elections.

Party leader Marlin said this slate was a very important one, because these would be the people who would help St. Maarten to the finish line - country status - on 10-10-10. NA, as part of the Central Government, has pulled the process for constitutional change and now in government on the local level has continued on this path, with the most notable achievement being the agreements of all partners in the Dutch Kingdom that St. Maarten will become a country within the kingdom on October 10, 2010, Marlin explained. NA was given the mandate from the people with two seats in parliament in the 2006 elections and held strong to this, unlike DP which was given the mandate with six seats in the Island Council but "fell apart" midterm, he said. "We take the responsibility the people gave us seriously and did not fall apart."





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# Main Voting Bureau to vet lists Wednesday

PHILIPSBURG--The Main Voting Bureau will vet on Wednesday at 10:00am the candidate lists submitted by National Alliance (NA), Democratic Party (DP) and People's Progressive Alliance (PPA) for the January 22 parliamentary elections.

Bureau head Lt. Governor Franklyn Richards told the press the lists would be checked to ensure all of the required information about the candidates had been submitted by the three parties on Monday, Nomination Day.

The bureau will scrutinise candidates data to ensure that they are residing in St. Maarten legally, are eligible to vote and can be voted for. Checks will be made to see if they have had any brush with the law, particularly with the Penal Code. Their dates of birth, names, addresses and other information will be perused by the bureau.

Parties with candidates who are not in compliance with the elections and voting regulations will be given "a couple of days to get their lists in order."

Candidates who fail to pass the scrutiny of the bureau, such as being found to have a criminal record, will be struck off of the list and the party will not be able to add a replacement candidate.

A total of 19,355 people are eligible to cast their votes in the January 22 elections for the last parliament of the Netherlands Antilles before the country is dismantled and country St. Maarten, country Curação and Dutch public entities Bonaire, St. Eustatius and Saba (the BES islands) emerge on October 10, 2010.

Of the voters, 10,006 were born in the Netherlands Antilles, including those born in St. Maarten (5,841). The other voters were born elsewhere in the Dutch Kingdom or were naturalised.

Should there be 100 per cent voter turnout on Election Day, 6,451 votes will be needed to capture one of the three parliamentary seats allotted to St. Maarten. If voter turnout is less, the number of votes per seat will be determined by the votes cast divided by three. Of the 18,035 eligible voters for the 2006 parliamentary elections, only 10,897 cast ballots, putting the seat allocation at 3,632 per seat.

NA captured two seats in Charles that election and DP took one

The 16 voting polling stations for the elections are John Larmonie Centre voters), Sundial School/House of Detention (1,353),St. Maarten Senior Citizens Recreation Foundation (1.071), Sister Marie Laurence Primary School (1,494),Dutch Ouarter Community Centre (1,426),Milton Peters College (1,392), Rupert I. Maynard Youth Centre (1,090), St. Maarten Academy (956), Celebration Palace (1,264), Raoul Illidge Sports Complex (1,126),

Leopold School (1,387), Primary Leonard Conner Primary School (1,285), Simpson Bay Sports Community Centre (959), Belvedere Community Centre (1,275), Melford Hazel Sport and Recreational Centre (783) and St. Maarten Home (1,423).

Asked how Dutch citizens living on the French side would be dealt with for this election, Richards said as long as a person was registered on the Dutch side and had a valid address listed with the Census Office, he or she was eligible to vote. Some cleaning up of voters

Bell list has been done by the Census Office since the last Island Council elections in 2007. Richards told the press that it is his belief that the law on voting should be amended to allow voters living outside of St. Maarten to cast their ballots in elections, similar to how US citizens living abroad can cast absentee ballots.

> "We should not make it a difference in St. Maarten where it concerns the French side, because there are only a few kilometres apart. People on the French side also contribute to the economy of the Dutch side,"

he said.



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Dinner prices valid November 26th, 2009 at Hyatt Regency Aruba Resort & Casino Ruinas del Mar Restaurant. Advanced Reservations are recommended by calling 586-1234 extension 36. Available from 4:00 P.M. to 10:00 P.M.; \$54:00 per person, \$27:00 for kids 5-12, kids 4 and under eat free. A 15% service charge will be added to your check as well as local sales tax. Other restrictions may apply, cal for details. Hyatt reserves the right to alter or withdraw this program at any time without notice. HYATT, Hyatt Hotels & Resorts® and Hyatt Regency Aruba Resort & Casino® designs and related marks are trademarks of Hyatt Corporation. ©2008 Hyatt Corporation



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Wednesday, November 25, 2009 LOCAL



# \*\*\* Human Hints \*\*\*

Control

We don't think much about the word Control, except to know that we want it, or that we're under it. When we have it, we know what to expect...or do we? The fact is that we never really have control. The question in three dimensions is not if we have control, because we don't. The real question is, "How strong is your belief in your illusion of control?"

We all need stability in our lives, and we create it in our own unique ways. The illusion of control gives us the framework we need, so it's good to feel like you have control over your life. Unexpected events

shock our framework and break down our illusion of control. Without a solid structure, we can more easily change direction. This is why trauma is often necessary for dramatic change. Trauma breaks down our structure so that we can change direction.

If we feel the compulsion

to control other people, we might justify it to ourselves by thinking it's for their own good. In a family, control is for protection. The laws enforced by the Pack Leader are there to keep the Pack safe. The challenge is to be able to relinquish control as the Pack grows, even though letting go makes the Pack uncomfortable. When it comes to others, there is a fine line and a world difference between controlling for their safety and controlling for your own peace of mind.

The difference is in your intention.

When you control someone or something or a situation, you take responsibility for the outcome of the energy involved, including karma. By imposing controlling energy, you alter the future of the situation and everyone involved. Control is a massive responsibility, especially when others involved. Altering someone's future alters your own in the same way. Be aware of the energy and intention behind your actions and thoughts toward others, because it will come back to you.

The concept of control in three dimensions is a paradox.

The idea of Control in your head is vastly different from the way your Heart feels about it. The answer is that we must release the illusion of control in order to gain a sense of genuine control. We must make every effort to create and maintain life the way we want it, then if it suddenly collapses, we must remember that the Illusion is unstable by nature. The challenge is then to Let Go and Move On.

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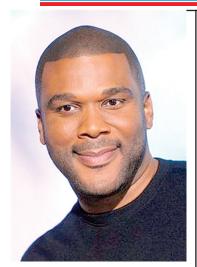
### ~Quentin Danziger

Quentin has over 20 years experience balancing what we refer to as the Real World, with science and spirit. He has held positions of responsibility and authority, received a Bachelor of Science in Engineering Physics from Colorado School of Mines, and has also studied many avenues of alternative thought. HumanHints is the culmination of his knowledge, experience and practice. These free daily emails detail concrete, real-world techniques to consciously create any future you choose, while in the throes of daily life created by outdated modes of thought.

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FILE - In this Sept. 8, 2009 file photo, Tyler Perry is shown at the premiere of Tyler Perry's 'I Can Do Bad All By Myself', in New York.

(AP Photo/Peter Kramer, file)

### Filmmaker Tyler **Perry donates** S1M to NAACP

BALTIMORE - Filmmaker Tyler Perry has donated \$1 million to the NAACP to commemorate the 100th anniversary of the civil rights organization.

The National Association for the Advancement of Colored People says the gift announced Monday is the largest donation from an individual in the organization's history. It will be distributed over four vears.

In a statement, Perry says the perseverance of thousands within the NAACP helped pave the way for his success in the film industry.

NAACP leaders say the gift marks a major shift in black philanthropy. They say donations of this size have not typically gone to civil rights groups.

# Review: `Princess and the Frog' is a hearty hop

By DAVID GERMAIN, **AP Movie Writer** 

The last time we heard from the hand-drawn animators at Disney, they offered up the barnyard tale "Home on the Range." The 2004 'toon was so forgettable it seemed as though it really might be the last time we ever heard from the hand-drawn animators at the studio where the art form was pioneered.

Thankfully, the spirit of animation maestro Walt Disney lives on. The studio has gone back to its roots with a fresh, funny retelling of a classic fairy tale in "The Princess and the Frog," Disney's return to hand-drawn animation after a five-year hiatus.

Like everyone else, Disney and subsidiary Pixar Animation mostly are fixated computer animation. But Pixar masterminds John Lasseter and Ed Catmull, who now supervise all Disney animation, love cartoons of every kind and have renewed the studio's commitment to the pen-andink variety along with the pixelated.

"Princess and the Frog" isn't the second coming of "Beauty and the Beast" or "The Lion King." It's just plain pleasant, an oldfashioned little charmer that's not straining to be the next glib animated compendium of popculture flotsam

Updating the Brothers Grimm tale "The Frog Prince" into a toe-tapping musical set on the Louisiana bayou in the 1920s, directors Ron Clements and John Musker deliver a satisfying gumbo of snappy

dialogue, lovable characters and bright-hued images, spiced up with just the right touch of voodoo peril.

Starting off in New Orleans, the film centers on hardworking waitress Tiana (voiced by Anika Noni Rose), who saves every dime in hopes of opening the restaurant that was the dream of her late father (Terrence Howard). In a small role, Oprah Winfrey provides the voice of Tiana's mom.

Tiana is sidetracked by some dark magic after Prince Naveen (Bruno Campos), a jazz-loving dreamboat from a land far, far away, comes to sample the vibrant New Orleans music.

Naveen falls under the spell of voodoo practitioner Dr. Facilier (voiced with oozing menace by Keith David), who turns the prince into a talking frog as part of a plan to unleash his evil "friends on the other side" in New Orleans.

The frog prince encounters Tiana dressed as royalty at a costume ball in the mansion of her childhood pal Charlotte (Jennifer Cody) and her genteel dad (John Goodman).

The inevitable kiss Naveen talks Tiana into doesn't restore



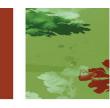
In this film publicity image released by Disney, Princess Tiana, voiced by Anika Noni Rose, right, is shown with frog Prince Naveen, voiced by Bruno Campos, in a scene from the animated film, 'The Princess and the Frog.'

(AP Photo/Disney)

his human form, though. Rather, Tiana is transformed into a frog herself, and the two wind up pursued by Facilier's evil allies through swamp country.

In fine Disney inter-species tradition, Tiana and Naveen find comic sidekicks in Louis (Michael-Leon Wooley), a goofy alligator who dreams of playing trumpet with a jazz band, and Ray (Jim Cummings), a gap-toothed Cajun firefly with a heart as big as the heavens.

The songs and score by Disney stalwart Randy Newman, including a tune sung by Dr. John, are brisk and catchy, while there's plenty of action and slapstick humor for boys and dads in what is largely a love story for girls and moms. Sure, the romance is a little sticky and cloying. But even the hardest of hard cases might sniffle a bit over how the unobtainable love of firefly Ray plays out.









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Wednesday, November 25, 2009 BUSINESS

### Aruba\_TODAY

# BUSILESS - TODAY

### Reports on consumer confidence, GDP tug at stocks



In this Monday, Nov. 23, 2009 photo, Specialist William Brazer works at his post on the floor of the New York Stock Exchange. Slow consumer spending, weakness in commercial construction and the nation's trade gap all likely contributed to the lower growth expectation on Tuesday.

(AP Photo/Richard Drew)

### By SARA LEPRO and TIM PARADIS, AP Business Writers

NEW YORK – A disappointing report on consumer confidence and a more sober read on the economy pulled stocks from 13-month highs Tuesday.

Major indexes posted modest losses in light trading as drops in financial and industrial stocks were tempered by gains in health care companies.

The Dow Jones industrial average fell 17 points a day after jumping by 133.

Stocks pulled off their lows of the day after the Federal

Reserve released minutes from its latest rate-setting meeting, during which it pledged to keep rates low for the foreseeable future and said inflation remained at bay. The Fed raised its expectations for economic growth during the second half of this year, but said unemployment will remain high.

Stocks had been falling prior to the report after the government revised its calculation of thirdquarter economic growth down to 2.8 percent from its original estimate of 3.5 percent, the latest sign that the recovery is likely to be slow and bumpy. Meanwhile, the Conference Board said its Consumer Confidence Index rose to 49.5 in November from a revised reading of 48.7 in October. While better than expected, the report shows that consumers remain gloomy heading into the holiday season. A reading above 90 means the economy is on solid footing.

"It's all about the daily data," said Howard Ward, chief investment officer of the GAMCO Growth Fund. "Today's was uninspiring."

Ward said a warning from China's central bank that commercial banks there should control their lending also weighed on the market, financial stocks in particular. The comments raised concerns that the government could take more measures to reduce liquidity in the system in the coming months, which would be an impediment to growth in one of the biggest trade partners of the U.S.

The market's modest moves came after a big rally on Monday carried the Dow Jones industrials up 133 points to their highest level in just over a year. A weakening dollar and an upbeat report on housing lured investors back into stocks after a three-day losing streak.

FILE - In this May 24, 2008 file photo, the headquarters of the Federal Reserve Bank is seen at sunrise in Washington. The Federal Reserve says the unfolding recovery will probably be gradual, as modest growth keeps the nation's unemployment rate elevated over the next several years.

(AP Photo/J. David Ake, file)

# Fed: super-low rates could fuel speculative bubble

By JEANNINE AVERSA,

**AP Economics Writer** 

WASHINGTON – The Federal Reserve doesn't expect the recovery will be strong enough to quickly drive down the jobless rate, and acknowledged its efforts to keep the rebound going could feed a new speculative bubble.

Record-low interest rates "could lead to excessive risk-taking in financial markets," according to documents released Tuesday of the Fed's closed-door meeting earlier this month. It also could cause consumers, investors and businesses to worry about inflation taking off.

Although Fed officials saw the current likelihood of that as "relatively low," they pledged to "remain alert to these risks."

At the Nov. 3-4 meeting, Fed Chairman Ben Bernanke and his colleagues kept the target range for its bank lending rate at zero to 0.25 percent. Fed policymakers also pledged to hold rates at such super-low levels for an "extended period," to ensure the recovery gains traction. Most analysts predict that means rates will stay where they are through the rest of this year and into part of 2010. On the economy, the Fed expects the unfolding recovery will be gradual, as modest growth keeps the nation's unemployment rate elevated over the next several years.

Most Fed policymakers said it could take "five or six years" for the economy and the labor market to be consistently healthy. High unemployment, slow income growth and hard-to-get credit will weigh on consumer spending "for some time to come," the

Fed said. Troubles in the commercial real-estate market also will restrain the recovery, according to minutes of the November meeting. Fed officials expected the pace of the recovery "would be rather slow, relative to historical experience." Recoveries after steep economic downturns are usually robust, the Fed said. In updated economic projections, the Fed said the economy's contraction for all of this year won't be as deep as it thought in a forecast released in the summer. That's because the second half of this year is shaping up better than anticipated.

Under a range of new projections, the economy will shrink 0.5 percent or be flat this year. The old forecast called for a contraction of anywhere from 0.6 to 1.6 percent.

Growth next year should turn out slightly better than the Fed previously projected\_ranging from 2 to 4 percent — up from 0.8 to 4 percent.

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# BON DIA FORDAY

On Top Of The News

Email: news@arubatoday.com

Wednesday, November 25, 2009



President Barack Obama smiles as a reporter asks a question about Afghanistan during a joint news conference with India's Prime Minister Manmohan Singh, not pictured, in the East Room of the White House in Washington, Tuesday, Nov. 24, 2009.

**Associated Press** 

# Obama promises to 'finish the job' in Afghanistan

ANNE GEARAN JENNIFER LOVEN

**Associated Press Writers** 

WASHINGTON (AP) — Signaling an imminent decision on new troop levels for the Afghanistan war, President Barack Obama said Tuesday he intends to "finish the job" on his watch and destroy terrorist networks in the region.

The president said he would announce his decision on how many additional soldiers to deploy to Afghanistan after Thanksgiving, or Thursday, a national holiday.

The White House is aiming for an announcement by Obama next week, either Tuesday or possibly Wednesday, in a national address. Congressional hearings will follow immediately.

Military officials and others expect Obama to settle on a middle-ground option that would deploy an eventual 32,000 to 35,000 additional U.S. forces to the 8-year-old conflict. That rough figure has stood as the most likely option since before Obama's last large war council meeting early this month, when he told military planners to rearrange the timing and composition of some of the deployments.

With the war worsening since Obama took office in January and public support dropping

as U.S. combat deaths have increased, the president seemed aware he has a lot to explain to the public.

"I feel confident that when the American people hear a clear rationale for what we're doing there and how we intend to achieve our goals, that they will be supportive," he said at a White House news conference with Indian Prime Minister Manmohan Singh.

"It is my intention to finish the job," he said of the war in Afghanistan that has been going on for eight years — since shortly after the Sept. 11 attacks in 2001.

Obama held his 10th and final war council meeting Monday night. In response to a question about his coming announcement, he sketched out the areas, but not the specifics, of what he will talk about.

He suggested he intends to explain in some detail not only how many more troops he will deploy to Afghanistan and the other civilian and diplomatic elements of an overhauled strategy, but also how the United States might ultimately leave Afghanistan. When he ordered advisers to rethink the options presented to him, it was mainly to clarify when U.S. troops would turn over responsibility to the Afghan government and under what conditions.

Continued on Next Page

# Police: Hanged census worker killed himself



Kentucky State Police Capt. Lisa Rudzinski, left, and Mike Wilder, Executive Director of the Kentucky State Medical Examiners office, right, answer questions during a news conference, Tuesday, Nov. 24, 2009, at the Kentucky State Police Central Forensic Laboratory in Frankfort, Ky. The Kentucky census worker found naked, bound with duct tape and hanging from a tree with "fed" scrawled on his chest killed himself but staged his death to make it look like a homicide, authorities said Tuesday.

**Associated Press** 

BRUCE SCHREINER ROGER ALFORD

**Associated Press Writers** 

FRANKFORT, Kentucky (AP) — A U.S. census worker found naked, bound with duct tape and hanging from a tree with "fed" scrawled on his chest killed himself but staged his death to make it look like a homicide, authorities said Tuesday.

Continued on Page B5



Police and army personnel cover their noses as they view or take photos of recovered bodies along a hillside grave in Ampatuan municipality, Maguindanao province, southern Philippines on Tuesday, Nov. 24, 2009. Philippine President Gloria Macapagal Arroyo placed two souuthern provinces under a state of emergency, giving security forces free hand to pursue gunmen who killed at least 46 people in one of the country's worst election massacres.

**Associated Press** 

# Philippines' deadliest massacre tests government

Read Page B8



Prime Minister Manmohan Singh of India and President Barack Obama listen to the playing of the national anthems during a State Arrival ceremony in the East Room of the White House, Tuesday, Nov. 24, 2009 in Washington.

Associated Press

### FINISH THE JOB Continued from Page B1

"It's going to be very important to recognize that the Afghan people ultimately are going to have to provide for their own security, and so we'll be discussing that process whereby Afghan security forces are properly trained and equipped to do the job," Obama said, previewing his remarks next week.

Obama must not only sell his plan to the public, but

to foreign allies whose additional resources the White House wants in Afghanistan. The president bluntly said Tuesday he would talk in his announcement about "the obligations of our international partners in this process."

The timing of his address is tied in part to come before a NATO foreign ministers meeting, taking place in Brussels at the end of next week.

Obama also must pitch his

plan to Congress, where lawmakers will be asked to finance the effort.

Among those likely to take part in congressional hearings are Obama's top commander in Afghanistan, Gen. Stanley McChrystal, as well as Secretary of State Hillary Rodham Clinton, Defense SecretaryRobertGates and U.S. Ambassador to Afghanistan Karl Eikenberry. All four were among approximately 20 top administration officials and Obama advisers participating in the president's final deliberations Monday night.

"It is in our strategic interests, in our national security interest to make sure that al-Qaida and its extremist allies cannot operate effectively in those areas," Obama said. "We are going to dismantle and degrade their capabilities and ultimately dismantle and destroy their networks."

Reflecting the waning popular support for continued or escalated war, Democrats are coming to dislike the conflict in greater numbers. Democratic allies of the president, such as Speaker Nancy Pelosi in the House of Representatives and Senate Armed Services Chairman Carl Levin, have become more outspoken on the war in recent days.

The force infusion expected by the military would represent most but not all the troops requested by McChrystal, for a retailored war plan that blends elements of the commander's counterterror strategy with tactics more closely associated with the CIA's unacknowledged war to hunt down terrorists across the border in Pakistan.

McChrystal presented options ranging from about 10,000 to about 80,000 forces, and told Obama he preferred an addition of about 40,000 atop the 68,000 already in the country, officials have said.

Obama already has ordered a significant expansion of 21,000 troops since taking office.

The additional troops would be concentrated in the south and east of Afghanistan, the areas where the U.S. already has most of its forces, military officials said. The new troops that already went this year were directed to help relieve U.S. Marines stretched to the limit by far-flung postings in Helmand province and that would continue, while the U.S. effort would expand somewhat in Kandahar. Both are hotbeds of resistance to the U.S. forces.

The increase would include at least three Army brigades and a single, larger Marine Corps contingent, officials said.

All officials spoke on condition of anonymity because the decision is not final.

U.S. war planners would be forgoing the option of increasing U.S. fighting power in the north, a oncequiet quadrant where insurgents have grown in strength and number in the past year. But McChrystal's recommendation never called for a quick infusion there.

Without large additions of ground forces, dealing with the north probably would require relying more heavily on air power, two military officials said.



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# U.S. NEWS B3 Wednesday, November 25, 2009

# Three airlines fined in Minnesota tarmac stranding

**By JOAN LOWY** 

**Associated Press Writer** 

WASHINGTON The government is imposing fines for the first time against airlines passengers stranding on an airport tarmac, the Transportation Department said Tuesday.

The department said it has levied a precedent-setting \$175,000 in fines against three airlines for their roles in the stranding of passengers overnight in a plane at Rochester, Minn., on Aug. 8. Continental Express Flight 2816 was en route from Houston to Minneapolis carrying 47 passengers when thunderstorms forced it to divert to Rochester, where it landed about 12:30 a.m. The airport was closed and Mesaba Airlines employees — the only airline employees at the airport at the time — refused to open the terminal for the stranded passengers.

Continental Airlines and its regional airline partner ExpressJet, which operated the flight for Continental, were each fined \$50,000. ExpressJet spokeswoman Kristy Nicholas said the airline can avoid paying half the fines

if it spends the same amount of money on additional training for their employees on how to handle extended tarmac delays.

The department imposed the largest penalty — \$75,000 — on Mesaba Airlines, a subsidiary of Northwest Airlines, which was acquired by Delta Air Lines last year.

"I hope that this sends a signal to the rest of the airline industry that we expect airlines to respect the rights of air travelers," Transportation Secretary Ray LaHood said in a statement.

"We will also use what we have learned from this investigation to strengthen protections for airline passengers subjected to long tarmac delays."

The passengers of Flight 2816 were kept waiting nearly six hours inside the cramped regional airliner amid wailing babies and a smelly toilet even though they were only 50 yards from a terminal. The captain of the flight repeatedly pleaded to allow the passengers to deplane and enter the terminal.

In the morning they were allowed to disembark. They spent about two and a half hours inside the terminal before reboarding the same plane to complete their trip to Minneapolis.

Passenger Link Christin praised the department's action.

"A conclusion that there was some wrongdoing or negligence is more important to me than the amount of the fine," said Christin, a lecturer at William Mitchell College of Law in St. Paul, Minn.

The fines send a message not only to airlines, but to the wider business community "that there's a new sheriff in town and they'd better treat their customers reasonably and responsibly," said Dan Petree, business school dean

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A Continental Airlines airplane is refueled at its gate at Newark Liberty International Airport in Newark, New Jersey, March 29,

at Embry-Riddle Aeronautical University in Daytona Beach,

John Spanjers, president of Mesaba, said the airline "continues to feel it operated in good faith."

"However, customer service is paramount, and we are reevaluating our policies and

procedures for the courtesy handling of other airlines' flights to do our part to mitigate this type of delay," Spanjers said.

Continental pointedly noted in a statement that its fines were less than those imposed on rival Delta's subsidiary.





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# 4ruba TODAY

# No jail time for figure in Abramoff scal

By DEVLIN BARRETT **Associated Press Writer** 

WASHINGTON – A tearful former Justice Department attorney was spared a jail sentence Tuesday for his role in the influence peddling scandal surrounding former lobbyist Jack Abramoff.

U.S. District Judge Ellen Huvelle said Robert Coughlin did not deserve prison time for his actions, even as she marveled at the number disgraced government officials who had become enmeshed in the Abramoff

entire Abramoffrelated matter raises a lot of questions," said Huvelle, who recently oversaw an Abramoff-related trial that ended in a hung jury and who has presided over the cases of other defendants in the influence-peddling probe.

"None of them are bad people. I wouldn't say that," she said, yet they still found themselves before a judge making excuses for their conduct.

"We ask a lot of public servants, and we should ask a lot," the judge said, adding

that actions that may have merited a misdemeanor conviction years ago were now taken more seriously.

"Times have changed," the judge said. "We're in a new

She then sentenced Coughlin to a month in a halfway house, three years of probation and imposed a \$2,000 fine.

Under federal sentencing guidelines, Coughlin had faced as much as six months behind bars.

Coughlin admitted provided assistance Abramoff's lobbying team and its clients while accepting free meals and drinks and tickets to sporting events and concerts from Abramoff lobbying partner Kevin Ring.

Coughlin previously pleaded guilty to engaging in a conflict of interest — a felony.

Coughlin, who now lives in Kansas with his wife and daughter, bowed his head and cried as his wife implored the judge to spare him a jail sentence, and cried again when he spoke to the judge.

"I stupidly gave (Ring) preference because he was a longtime friend," Coughlin told the judge. "I take absolute full responsibility for my actions."

Coughlin accepted the gifts from 2001 to 2003 while working on legislative affairs for the Justice Department. He later became deputy chief of staff of the department's criminal division — the same division handling the Abramoff probe.

Ring was friends with Coughlin and lobbied him on various issues, including money for a jail for the Choctaw tribe. Coughlin obliged with insider tips, running interference with colleagues, and other help.

The disgraced attorney also apologized to his former colleagues, saying he loved the department, and "if I have in any way cast a bad light on the department, I am truly sorry."

Instead of pleading guilty like Coughlin, Ring fought his case before a jury, which deadlocked last month. A retrial is scheduled for next

The government charges Ring lavished thousands of dollars worth of tickets and meals on Capitol Hill employees and Justice Department officials in return for congressional appropriations and other assistance for Abramoff clients.

The Ring mistrial was the biggest setback in the government's long-running prosecution of cases related to Abramoff, who pleaded guilty and cooperated with investigators.





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## U.S.REGIONAL B5 Wednesday, November 25, 2009

## CENSUS WORKER Continued from Page B1

Bill Sparkman, 51, was found strangled Sept. 12 with a rope around his neck near a cemetery in a heavily wooded area of the Daniel Boone National Forest in southeastern Kentucky. Authorities said his wrists were loosely bound, his glasses were taped to his head and he was gagged.

Kentucky State Police Capt. Lisa Rudzinski said an analysis found that "fed" was written "from the bottom up." He was touching the ground, and to survive "all Mr. Sparkman had to do at any time was stand up," she said.

"Our investigation, based on evidence and witness testimony, has concluded that Mr. Sparkman died during an intentional, self-inflicted act that was staged to appear as a homicide," Rudzinski said.

Sparkman's mother, Henrie Sparkman of Inverness, Florida, bristled at the conclusion: "I disagree!" she wrote in an e-mail to The Associated Press.

Authorities said Sparkman alone manipulated the suicide scene. Rudzinski

said he "told a credible witness that he planned to commit suicide and provided details on how and when."

Authorities wouldn't say who Sparkman told of his plan, but said Sparkman talked about it a week before his suicide and the person did not take him seriously.

He told the person he believed his lymphoma, which he had previously been treated for, had recurred, police said.

Sparkman also had recently taken out two accidental life insurance policies totaling \$600,000 that would not pay out for suicide, authorities said.

If Sparkman had been killed on the job, his family also would have been be eligible for up to \$10,000 in death gratuity payments from the government.

Sparkman's son, Josh, previously told AP that his father had named him as his life insurance beneficiary. Josh Sparkman said earlier this month he found paperwork for the private life insurance policy among his father's personal files but wasn't sure of the

amount. Police wouldn't say who the beneficiary was.

The Census Bureau suspended door-to-door interviews in the rural area after Sparkman's body was found, but a spokesman said normal operations would resume in Clay County next month.

Anti-government sentiment was initially one possibility in the death. Authorities said Sparkman had discussed perceived negative views of the federal government in the county.

Sparkman's mother has said her son was an Eagle scout who moved to the area to be a local director for the Boy Scouts of America. He later became a substitute teacher in Laurel County and supplemented that income



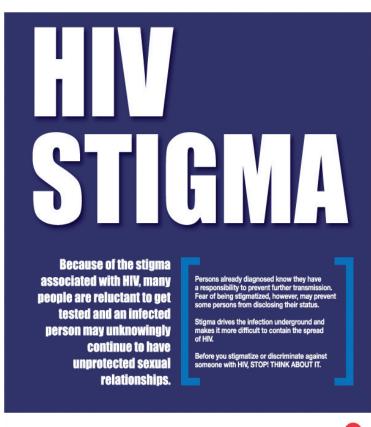
This undated file photo shows census taker Bill Sparkman speaking to 7th grade Aviator students about sound waves in a science class. The census taker found naked, bound with duct tape and hanging from a tree had named his son as his life insurance beneficiary, and investigators are looking into whether the father manipulated the death scene to make a claim possible, law enforcement officials told The Associated Press Thursday Nov. 12, 2009.

Associated Press

as a census worker.

Friends and co-workers have said that even while undergoing chemotherapy for cancer, Sparkman would show up for work smiling with a toboggan cap to cover his balding head. They said he was punctual and dependable.









Carbbean Epidemiology Centre (CAREC) - PAHO - WHO Special Programme on Sexually Transmitted Infections with support from the partners Canadian International Development Agency (CIDA) - Centres for Disease Control and Prevention (COC - French Individual Control Cocyclestics) (FIG. - PAHOVP - Clockel Ford and Varied Refs Projects - Valued Registern Development (CIPO) - Carbbean Epidemiology Centre (CIPCE) - PAHOVP - Clockel Ford and Varied Register - Valued Registern (PAHOVP - Clockel Ford Register) (FIG. - PAHOVP - Clocke

# Two warlords plead innocent in Congo massacre t





Former leader of the National Integrationist Front, Mathieu Ngudjolo, L, and former commander of the Patriotic Resistance Force, Germain Katanga, R, awaits the start of his trial at the International Criminal Court in The Hague, Netherlands, Tuesday, Nov. 24, 2009.

Associated Press

MIKE CORDER, **Associated Press Writer** THE HAGUE, Netherlands (AP) — Two Congolese

militia leaders sent child soldiers and other fighters to wipe out a village in a revenge attack that left more

than 200 men, women and children dead, a prosecutor told judges Tuesday at the International Criminal Court.

"Some were shot in their sleep, some cut up with machetes to preserve bullets. Others were burned alive after their houses were set on fire," Luis Moreno Ocampo said in his opening statement.

The two alleged commanders, Germain Katanga, 31, and Mathieu Ngudjolo, 39, both pleaded not guilty to three crimes against humanity and seven war crimes, including murder, rape, enslavement and pillage.

Defense attorneys for the men denied their involvement and called on judges to investigate the role of Ugandan and Congolese authorities in the massacre.

It was only the tribunal's second trial since it began operations in 2002. The first case, of alleged Congolese warlord Thomas Lubanga who is accused of recruiting child soldiers, started in January. Prosecutors say Katanga and Ngudjolo led two mobs of child soldiers and older fighters armed with automatic weapons, machetes and spears to destroy the village of Bogoro in Congo's mineral-rich Ituri province on Feb. 24, 2003. Many of the victims were hacked to death.

The village was strategically located on a crossroad and was the base of a rival militia known as the UPC, which was led by Lubanga.

Moreno Ocampo said the attack went far beyond a legitimate military campaign to become revenge for earlier UPC attacks.

"The plan was to wipe out Bogoro," he said. "Destroy not only the UPC camp but the whole village."

But Ngudjolo's defense attorney, Jean-Pierre Kilenda, blamed the attack on Ugandan forces who were occupying Ituri and wanted to root out the UPC after an alliance between the two groups soured.

"It could be said that the plan to throw the UPC out of Bogoro was hammered out by the highest authorities in Uganda and Congo," he said.

Katanga and Ngudjolo both sat impassively as Moreno Ocampo outlined his case, accusing their soldiers also of raping women and forcing others into marriage or sexual slavery.

Moreno Ocampo quoted Katanga as boasting after the attack that "nothing was spared. Absolutely nothing. Chickens, goats, everything ... was wiped out."

Lawyers for some 345 victims — including some of the child soldiers forced to carry out the massacre — also are taking part in the trial.

4ruba TODAY

"Their childhood brutally interrupted and they have been in hell from one day to the next," said Belgian attorney Jean-Louis Gilissen, who is representing child soldiers. He said the children were abducted and ordered to fight "as vanguard troops for the butchery of Bogoro." Another victims' lawyer, Fidel Nsita Luvengika, said establishing the truth will allow his clients to mourn slain family members.

"They don't know what happened to their families. They don't know how they were killed or whether they were buried," he said.

Prosecutors plan to call 26 witnesses to support their case. In an indication of the ongoing climate of fear in Ituri, 21 of them will testify with their identities shielded from the public.

Among other cases at the world's first permanent war crimes court, former Congolese Vice President Jean-Pierre Bemba is in custody and scheduled to go on trial next year for alleged crimes in the Central African Republic. Sudan's President Omar al-Bashir and two other Sudanese have been charged with atrocities in Darfur. The leaders of brutal Ugandan rebel group the Lord's Resistance Army also are under indictment.



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Taiwan's President Ma Ying-jeou, right, meets with Raymond Burghardt, chairman of the American Institute in Taiwan, in Taipei, Tuesday, Nov. 24, 2009, in Taipei, Taiwan.

Associated Press

# Top U.S. diplomat on Taiwan chides China on missiles

TAIPEI, Taiwan (AP) — A senior U.S. official dealing with Taiwan said Tuesday that the estimated 1,500 missiles that China has deployed against the island are a form of threat and urged their removal.

The comments by Raymond Burghardt, chairman at the American Institute in Taiwan, come despite rapidly improving relations between Taipei and Beijing — a development Washington applauds. "(The missiles are) something which it's hard to have a good explanation of it," Burghardt told reporters in Taipei. "It's a form of threat. Of course (China) should remove the missiles." Along with the missiles, Burghardt also listed a Chinese law threatening invasion of Taiwan as a barrier to even better relations between Taipei and Beijing.

China and Taiwan split amid civil war in 1949 and the mainland continues to insist that the island is part of its territory — to be united by persuasion of possible, by force if necessary.

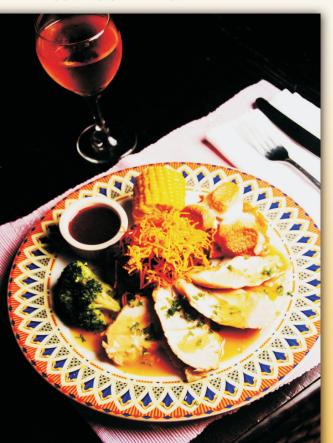
While the U.S. shifted its recognition of the government of China from Taipei to Beijing in 1979, it remains Taiwan's most important foreign backer, bound by law to provide it with weapons to help defend itself against a possible Chinese attack



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Wednesday, November 25, 2009 WORLD NEWS





Protesters hold lighted candles while displaying placards during a rally Tuesday, Nov. 24, 2009 at Manila's Quezon city to condemn the massacre of at least 40 political supporters and journalists who were on their way to file election papers for Vice Mayor Ismael Mangudadatu of Buluan township, a candidate in a region of southern Philippines notorious for violence between

# Philippines' deadliest massacre tests government

AARON FAVILA

**Associated Press Writer** 

AMPATUAN, Philippines (AP) — A few miles (kilometers) off the main highway, on a remote hilltop covered with waist-high grass, bodies lay with twisted hands

reaching in the air. They had been shot point-blank.

Nearby, bodies were being laid out under banana leaves Tuesday as police — their faces covered against the stench — unearthed a mass grave containing 22 victims from Monday's ambush on an election caravan. The discovery brought the death toll to 46 — an unprecedented act of violence at the outset of the country's election season. As many as five people remained unaccounted for.

President Gloria Macapagal Arroyo declared a state of emergency in Maguindanao and a neighboring southern province, sending extra troops and police to try to impose the rule of law.

"No effort will be spared to bring justice to the victims and hold the perpetrators accountable to the full limit of the law," she said.

Fewthinkshewillbesuccessful in the impoverished, lawless region that has been outside the central government's reach for generations, and where warlords backed by private armies go by their own rules.

Authorities said the victims included at least 13 Filipino journalists from regional newspapers, TV and radio stations who were accompanying family members and supporters of a gubernatorial candidate out to file his nomination papers for May 2010 elections.

Noynoy Espina, vice chairman of the National Union of Journalists of the Philippines, said as many as 20 journalists may have been in the convoy, based on reports from union chapters in the area.

The figures could not be immediately reconciled, but still the deaths marked "the largest single massacre of journalists ever," according to Paris-based Reporters Without Borders.

Dozens of gunmen intercepted the caravan as it traveled on a two-lane highway that cuts across vast open tracts of land and banana groves, police said. They took some of the people to the grassy area, where the killings started.





# na executes two for role in tainted milk scandal

### **CHRISTOPHER BODEEN Associated Press Writer**

BEIJING (AP) — China executed a dairy farmer and a milk salesman Tuesday for their roles in the sale of contaminated baby formula severe punishments that Beijing hopes will assuage public anger, reassure importers and put to rest one of the country's worst

food safety crises.

The men were the only people put to death in a scheme to boost profits by lacing milk powder with the industrial chemical melamine; 19 other people were convicted and received lesser sentences. At least six children died after drinking the adulterated formula, and more than 300,000 were sickened.

Beijing is eager to show it has responded swiftly and comprehensively to eliminate problems in its food production chain that have spawned protests at home and threatened its export-reliant economy. The milk powder contamination struck a nerve with the public because so many children were affected, but was only one in a series of product recalls and embarrassing disclosures of lax public health safeguards.

Melamine, which is used to make plastics and fertilizers, has also

been found added to pet food, eggs and fish feed, although not in levels considered dangerous to humans. The chemical, which like protein is high in nitrogen, fooled inspectors. It can cause kidney stones and kidney failure.

China has tightened regulations and increased inspections on producers and exporters in cooperation with U.S. officials, who have noted a drop in the number of product recalls on Chinese exports.

But Beijing continues to struggle to regulate small and illegally run operations, often blamed for introducing chemicals and additives into the food chain. The country has 450,000 registered food production and processing enterprises, but many — about 350,000 — employ just 10 people or fewer. The U.N. said in a report last year that the small enterprises present many of China's greatest food safety challenges.

Zhang Yujun, the farmer, was executed for endangering public safety, and Geng Jinping for producing and selling toxic food, according to the official Xinhua News Agency.

Much of the phony protein powder that Zhang and Geng

produced and sold ended up at the defunct Sanlu Group Co., at the time one of China's biggest dairies

Xinhua said an announcement of the execution had been issued by the Shijiazhuang Municipal Intermediate People's Court, although a court clerk who answered the phone Tuesday said he was unable to confirm the sentences had been carried out. Most executions in China are performed by firing squad. Of the others tried and sentenced in January in the scandal, Sanlu's general manager, Tian Wenhua, was given a life sentence after pleading guilty to charges of producing and selling fake or substandard products.

Three other former Sanlu executives were given between five years and 15 years in prison.

There was outrage after news spread of the doctored milk in September 2008, both

In this Friday, May 8, 2009 file photo, Zheng Shuzhen, left, from Henan province reacts, with a photo of her 1-year-old granddaughter Zhou mengxin outside a Health Ministry office in Beijing, China.

**Associated Press** 

contamination and allegations that the government prevented the news from breaking until after the Olympic Games in Beijing.

The cover-up accusations were

because of the extent of the never publicly investigated, and authorities have since harassed and detained activist parents pushing lawsuits demanding higher compensation and the punishment of government officials.





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Wednesday, November 25, 2009 SPORTS



# SPURIS TODAY

# Albert Pujols wins second straight NL MVP award

### RONALD BLUM AP Sports Writer

NEW YORK (AP)—Albert Pujols was unanimously voted National League MVP on Tuesday, becoming the first player to repeat since Barry Bonds won four in a row from 2001-04.

Pujols received all 32 firstplace votes and 448 points in balloting announced by the Baseball Writers' Association of America.

It was the third MVP award for the St. Louis Cardinals star, who also won in 2005. Pujols said he concentrates on World Series titles, not MVP awards. He won his only championship in 2006. "I always make a joke. I got 10 fingers. I want to get nine more (World Series) rings," he said. "I want to get as many as Derek Jeter has so far (five). Obviously that's hard to do."

Pujols does have one individual goal — the Hall of Fame.

"Obviously, there is still a long way to go," he said.

Pujols led Major League Baseball in home runs (47), runs (124), slugging percentage (.658) and intentional walks (44), and topped the NL in on-base percentage (.443). He was second in the league in doubles (45) and third in batting average (.327) and RBIs (135).

He was especially dangerous with the bases loaded, going 10 for 17 with five grand slams, three doubles and 35 RBIs.

"I think it was the most consistent year," he said. "I was pretty much hot



St. Louis Cardinals first baseman Albert Pujols talks to repoters Tuesday, Nov. 24, 2009, in St. Louis, after he was voted the National League MVP, becoming the first player to repeat since Barry Bonds won four in a row from 2001-04.

**Associated Press** 

from April until almost September."

Florida's Hanley Ramirez, the NL batting champion, was second with 233 points, followed by Philadelphia's Ryan Howard (217) and Milwaukee's Prince Fielder (203), who tied Howard for the big league lead in RBIs. Pujols didn't homer in his final 89 regular and playoff at-bats after Sept. 9. He had minor surgery on Oct. 21 to remove a bone spur from his right elbow. He had feared he might need ligament replacement, causing him to miss the first half of next season.

"My elbow was fine," Pujols said. "I don't put that as an excuse. I was still playing every day out there."

Pujols, who turns 30 in January, joined Hall of Famer Al Simmons (11) as the only players with 100 or more RBIs in each of their first nine seasons. He also set a MLB record for assists by a first baseman with 185.

Pujols became just the MVP on Monday.

fourth player to win the NL MVP three times. Bonds won seven in the 1990s and 2000s. Stan Musial (1940s), Roy Campanella (1950s) and Mike Schmidt (1980s) each won three.

Five players have won three American League MVPs: Jimmie Foxx, Joe DiMaggio, Yogi Berra, Mickey Mantle and Alex Rodriguez.

St. Louis players have won 17 MVPs, second in the majors behind 20 for the Yankees. Pujols has been voted among the top 10 in nine consecutive years, finishing second in 2002, 2003 and 2006; third in 2004; fourth in 2001; and ninth in 2007.

Pujols receives a \$200,000 bonus for winning the award. He is signed for next season at \$16 million, and the Cardinals hold a \$16 million option for 2011, so the sides may soon turn their attention to a contract extension.

Joe Mauer of the Minnesota
Twins was voted the AL
MVP on Monday



Switzerland's Roger Federer challenges a line call decision during his ATP World Tour Finals tennis match against Britain's Andy Murray at the 02 Arena in London, Tuesday, Nov. 24, 2009.

Associated Press

# Roger Federer rallies for three-set win at ATP Finals

**CHRIS LEHOURITES** 

points when he wasn't serving.

**AP Sports Writer** 

LONDON (AP) — Roger Federer came alive once again after losing the first set, rallying to beat Andy Murray 3-6, 6-3, 6-1 Tuesday at the ATP World Tour Finals and ensuring he will have the year-end No. 1 ranking for the fifth time. Federer dominated Murray in the final two sets, finally controlling play from his serve and also getting his forehand on target. Murray, meanwhile, started to struggle to win

Federer, who has two wins from two matches in Group A and is favored to reach the semifinals at the season-ending tournament, still has to play Juan Martin del Potro in the round-robin stage. Del Potro beat Federer in the U.S. Open final.

Earlier, Del Potro held on to beat Fernando Verdasco 6-4, 3-6, 7-6 (1), giving him a chance to reach the semifinals at the O2 Arena.

Because of Federer's win, he cannot be overtaken by second-ranked Rafael Nadal, who lost to Robin Soderling on Monday in his first Group B match.

Pete Sampras and Jimmy Connors are the only other players to finish the year as the top-ranked player at least five times since the rankings started in 1973. Sampras, whose record of 14 Grand Slam titles Federer broke this year at Wimbledon, has the most with six.

Federer began the night by breaking Murray's serve, but it was more because of the Briton's errors than Federer's stellar play. The lead didn't last, however, because Murray broke right back, and then started to play the kind of tennis that earned him six wins over Federer in their previous nine meetings.

Murray then broke again for a 4-2 lead, and saved a pair of break points in the next game before eventually winning the first set.

In the second, Federer won his first three service games at love, and he then broke Murray to take a 4-2 lead.

Along with his improving serve, Federer's forehand was also starting to get back to normal.



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NFL Roundup

# **Titans beat Texas 20-17**

KRISTIE RIEKEN **AP Sports Writer** 

HOUSTON (AP) — Rob Bironas kicked a 53-vard field goal with less than a minute remaining as the Tennessee Titans beat the Houston Texans 20-17 for their fourth straight NFL victory after losing their first six games.

The Texans had a chance to level it, but Kris Brown's 49-yard attempt with 1 second remaining was wide left. It was his second miss of the game and the second straight game he's missed a chance to send the Texans to overtime.

The Titans haven't lost since Vince Young took over at quarterback. He is 2-0 as a starter in his hometown of Houston after running for the winning touchdown in overtime in his last start, as a rookie in 2006.

The Titans started the goahead drive at the 6-yard





line, but the Texans were called for a 15-vard horse collar penalty on a tackle on Chris Johnson. A 22yard run by Johnson two plays later put the Titans on their 41 just before the twominute warning.

Young had a 12 yard run for a first down later in that drive but the Titans couldn't keep it going and went to Bironas for the field goal, his second field goal of at least 50 yards.

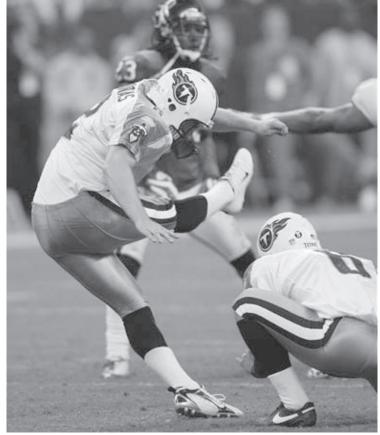
The Texans moved the ball 31 yards in five plays before Brown came in for the field-goal attempt. He missed from the same distance in the third quarter and missed one from 42 yards as time expired in a 20-17 loss to Indianapolis before Houston's bye.

Bironas had missed earlier, too, on a 49-yarder with about 10 minutes left.

Johnson finished with 151 yards rushing and Young had a touchdown pass in the first half. Bironas added a 50-yard field goal in the third quarter.

The Titans ran for a first down on a fake punt with about 5 1/2 minutes left, but were called for delay of game and had to punt it away. The punt came after two consecutive incomplete passes by Young.

The Texans couldn't get anything going on the next drive and had to give it back when a wide open Steve Slaton dropped a pass that would have been enough



for the first down. Antonio Smith got a 15-yard penalty for unnecessary roughness after taking an extra shot at a Titan after a play giving Tennessee a

first down at the Houston 45. Tennessee came away empty after Young's pass on third down fell incomplete and then Bironas missed a field-goal try.





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NHL Roundup

# **Crosby's goal lifts Pens over Panthers**



Florida Panthers goalie Tomas Vokoun, of Czech Republic, (29) misses the puck, allowing Pittsburgh Peguins' Sidney Crosby to score the winning goal in overtime during NHL hockey action in Sunrise, Fla. Monday, Nov. 23, 2009. The Penguins won 3-2.

Associated Press

SUNRISE, Florida (AP) — Sidney Crosby scored on a power play at 3:07 of overtime as the Pittsburgh Penguins rallied from a two-goal deficit in the third period to beat the Florida Panthers 3-2 in the NHL on Monday.

Pascal Dupuis and Michael Rupp also scored for the Penguins, who won consecutive games in regulation for the first time since Oct. 17 and 20. Evgeni Malkin had two assists.

Marc-Andre Fleury stopped 19 shots for the Penguins, who outshot Florida 45-21.

Nathan Horton and Keith Ballard scored for the Panthers. Michael Frolik had two assists, and Tomas Vokoun made 42 saves.

Islanders 4, Maple Leafs 3, OT

At Toronto, Dwayne Roloson made 58 saves and Josh Bailey scored 4:18 into overtime to lift New York over Toronto.

Bailey took a pass from Sean Bergenheim and slammed the puck into an open net. It was the Islanders' only shot of the extra period. Jeff Tambellini, Matt Moulson and Bergenheim also scored for New York.

Phil Kessel, Wayne Primeau and Niklas Hagman scored for the Maple Leafs (4-11-7), who outshot the Islanders 61-21.

Predators 3, Red Wings 1

At Nashville, Tennessee, Martin Erat scored two goals as Nashville beat Detroit for its sixth straight victory.

The streaking Predators finished off a five-game homestand in

style and have won 10 of 12 overall.

Jason Arnott also scored a power-play goal for Nashville. Pekka Rinne, who has been in net for each game during this run, stopped 30 shots for the win.

Drew Miller scored for Detroit, which has lost three of four. Rangers 7, Blue Jackets 4

At New York, Marian Gaborik again sparked the offense with two goals and two assists, but this time he had lots of long-awaited help in New York's victory over Columbus.

Sean Avery also scored twice and Henrik Lundqvist made 26 saves for the Rangers, who strung together seven straight goals after falling behind 2-0.

New York scored three times in the first to take the lead and then added four goals in the second against Blue Jackets starting goalie Steve Mason and beleaguered backup Mathieu Garon.

Rookie defensemen Michael Del Zotto and Matt Gilroy also scored for the Rangers. Artem Anisimov had a goal and two assists.

At Ottawa, Mike Fisher scored 1:14 into overtime to give Ottawa a comeback victory over Washington.

Fisher batted Chris Phillips' centering pass out of the air and past Semyon Varlamov for his 10th goal of the season. Brian Elliott made 25 saves in his fifth start for the Senators, who rallied from a 3-1 deficit in the third period to win their fourth in a row and wrap up a 4-0-1 homestand.

Rookie Jay Beagle got his first NHL goal to put Washington up 3-1 in the second after Chris Clark and Brendan Morrison scored in the first.

At St. Louis, Patrice Bergeron had four assists, two on powerplay goals and another short-handed, to help Boston beat St. Louis for its first three-game winning streak of the season.

Milan Lucic got the go-ahead goal midway through the second period and Marco Sturm scored short-handed midway through the third for a two-goal cushion on Boston's 20th shot against Chris Mason.

Blake Wheeler and Mark Recchi also scored for the defending Northeast Division champions.

Defenseman Carlo Colaiacovo had a goal and an assist, and Keith Tkachuk scored on a deflection for the Blues.

In other NHL games it was, Nashville 3, Detroit 1; N.Y. Islanders 4, Toronto 3, OT; N.Y. Rangers 7, Columbus 4; Ottawa 4, Washington 3, OT; Pittsburgh 3, Florida 2, OT; Boston 4, St. Louis 2; Dallas 2, Carolina 0; Colorado 5, Philadelphia 4; Edmonton 4, Phoenix 0; and Anaheim 3, Calgary 2, SO.







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# Oposición Venezuela repudia visita de iraní Ahmadinejad

CARACAS (Reuters) - Partidos políticos de oposición y la comunidad judía en Venezuela rechazaron la visita del presidente iraní, Mahmoud Ahmadinejad, quien el martes llega a Caracas como parte final de una controversial gira por varios países de la región.

La opositora Mesa de la Unidad Democrática repudió la cita del "indeseable dictador iraní", con quien el Gobierno de Venezuela "ha venido construyendo una supuesta alianza estratégica que suscita fundadas sospechas y temores en amplios sectores del país".

Está previsto que Ahmadinejad llegue la noche del martes a Caracas, luego de haber visitado Bolivia y Brasil. Aún se desconoce la agenda del mandatario para el miércoles, aunque está planteado que se firmen nuevos acuerdos de cooperación.

El presidente Hugo Chávez, un furibundo crítico del "imperialismo estadounidense", ha estrechado durante sus 10 años en el poder los lazos con Irán, así como con otros

países cuyos gobiernos le son hostiles a Washington.

La agrupación opositora, que reúne a 15 partidos políticos más grupos civiles, rechazó en un comunicado la presencia de "quien pretende llevar a cabo un programa de enriquecimiento de uranio sin estar sujeto a controles internacionales (...); que predica irresponsablemente la negación del Holocausto". Irán se encuentra bajo presión internacional para que acepte un acuerdo que permitirá que envíe su uranio enriquecido al extranjero para que sea convertido en combustible, que será devuelto para su uso en instalaciones médicas en Teherán. Por su parte, la Confederación de Asociaciones Israelitas de Venezuela (CAIV) emitió el lunes un comunicado en el que manifestó su "desazón y contrariedad" por la visita de Ahmadinejad a la región, argumentando que se le otorgaba legitimidad a un "régimen sobre el que pesan serias dudas acerca de la transparecia y legitimidad de su origen".



El mandatario iraní, Mahmoud Ahmadinejad, a su salida del palacio presidencial en La Paz, nov 24 2009. Partidos políticos de oposición y la comunidad judía en Venezuela rechazaron la visita del presidente iraní, Mahmoud Ahmadinejad, quien el martes llega a Caracas como parte final de una controversial gira por varios países de la región. REUTERS/Pilar Olivares



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